



Kanagawa-Maryland Healthy Aging and ME-BYO Symposium

by Kanagawa Prefectural Government of Japan & UMBC

Innovative Approaches to the Aging Society with Health Concept of ME-BYO

sponsored by Erickson School of Aging Studies
and the Gerontology Doctoral Program at UMBC

July 20TH
2:30-4:00
PM

UMBC

THE COMMONS 3rd FLOOR, THE SKYLIGHT ROOM
1000 HILLTOP CIRCLE, BALTIMORE, MD 21250

Registration

[Click here](#)



Speaker from Kanagawa
Prefectural Government

To be announced



**Dr. Dana Burr
Bradley**

Dean of the Erickson
School of Aging Studies,
UMBC



Liz Woodward

Assistant Secretary for
Planning, Department of
Aging, State of Maryland



Stephen McHugh

Chief Program Officer,
Japan Center for
International Exchange
(JCIE USA)



**Dr. Yoshihiro
Yasunaga**

Executive Officer of
Sales & Marketing,
CYBERDYNE Inc.
CEO, ROBOCARE
Center Group



**Dr. Takashi
Yamashita**

Professor, Sociology,
Anthropology, and Public
Health, & Gerontology
Ph.D. program, UMBC

Moderator

WHAT IS ME-BYO (未病)?

Japan's population is aging at a faster rate than the rest of the world, leading to challenges such as increasing social security costs and a shrinking workforce. In response to this, Kanagawa Prefecture, the second-largest metroplex in Japan, has defined a health concept *ME-BYO*, the transitional state of the body and mind between health and sickness, to promote self-management and precision health, utilizing the cutting-edge technologies in life science and healthcare. Experts from US and Japan discuss on healthy ageing.



Questions? Email Dr. Taka Yamashita yamataka@umbc.edu

